



What do you get when you combine a love of running with a love for teaching music?

You get *Miles for Music* – a Non-Profit Organization working to help fund music education programs in classrooms.

*Our Mission* is to get kids and their families engaged in physical activity, music and learning the important lesson of contributing to their community. The goal is for children to develop a love for and a habit of running, music and community engagement.

## 20K Race Registration 5K

20K Entry Fee \$45 (\$42 USATF)/5K Entry Fee \$30 (\$27 USATF)  
Postmarked by March 13<sup>th</sup>  
Register Online and Save \$5

Racer's Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

D.O.B: \_\_\_\_\_ Age on Race Day: \_\_\_\_\_ Sex: M / F

Event: 5K  20K  2015 USATF-NJ#: \_\_\_\_\_

## 1M Race Registration

1 Miler Entry Fee \$15 – Postmarked by March 13<sup>th</sup>  
Register Online On Our Website \$15

Racer's Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Parent's Email: \_\_\_\_\_

Lead Teacher: \_\_\_\_\_ D.O.B: \_\_\_\_\_

School/Team Name: \_\_\_\_\_

**What's a School Team? Check Out Our Site for Details!**

Entry Fee: \$ \_\_\_\_\_

Tax Deductible Donation \$ \_\_\_\_\_

Total Amount Enclosed: \$ \_\_\_\_\_

- Make Checks Payable: Miles for Music, Inc.
- Mail Completed Forms To: Miles for Music, Inc. - 27 Oak Hills Road, Edison, NJ 08820
- Need More Information, Email Us @ [events@milesformusic.org](mailto:events@milesformusic.org)

WAIVER In consideration for being allowed to participate in this event, I personally assume all risks relative to my safety, including but not limited to falls, contact with other runners, the effects of the weather, traffic and the conditions of the course. I release Miles for Music, Inc., all organizing committees, Middlesex County Parks, USATF NJ, all sponsors, representatives and successors from any and all claims by me, my family, heirs or estate for injury or damage which may occur due to my participation. I certify that I am physically fit and qualified to participate, and agree to abide by any decision of a race official relative to my ability to complete the race. I grant permission to be photographed, videotaped and recorded for all media usage. I understand that entry fees are non-refundable.

Signature: \_\_\_\_\_ Date \_\_\_\_\_  
(Parent or Guardian if under 18)

## 20K, 5K & 1 Mile Run/Walk

- 20K is a perfect training run for a ½ marathon.
- Goody Bags for the first 800 20K & 5K Participants
- Refreshments, Music and Fun After the Races
- Location: Johnson Park (Grove 2) – Highland Park, NJ
- Date: Sunday, March 22, 2015.
- 20K is a USATF-NJ Championship Race - All Divisions
- 20K Top 3 USATF-NJ Male & Female Finishers: \$150, \$100, \$50
- 20K Top 3 USATF-NJ Age-Graded Masters (age 40+) Male & Female Finishers: \$150, \$100, \$50
- Medals for Top 3 Male & Female Finishers by Age Category
- Age Categories: 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+
  - 7:30 – 8:45 am: 20K Registration/Packet Pick-Up
  - 9:00 am: 20K Start
  - 11:00 am – 12:15 pm: 1 Miler & 5K Registration/Check In
  - 11:30 am: 20K Award Ceremony
  - 12:30 pm: 1 Miler & 5K Start
  - 1:30 pm: 1 Miler & 5K Award Ceremony
- Rain or Shine
- Directions: From Route 18 North or South: Take the exit toward Highland Park. Turn left onto County Road 622/River Road. Turn right onto County Road 807/Violet Drive to enter Johnson Park.
- GPS Address: 1281 River Road, Piscataway Township, NJ 08854

Register Online @  
[www.milesformusic.org](http://www.milesformusic.org)

